

L2 Leisure Team Member

The role of a Leisure Team Member is to support, enhance and deliver the day-to-day operations and services of a leisure/fitness facility.

They work as part of a team, undertaking a range of duties such as assisting with the opening and closing of the facility and maintaining the cleanliness and safety of the environment. Alongside these functions they ensure programmed activities are available for customers, acting as lifeguard, swimming teacher, gym instructor as well as leading activity sessions.

Key Development Areas

- ✓ **Leisure and Fitness Operations:** Know the organisational structure, products and services offered by the facility and key legal and regulatory requirements of working within the leisure industry.
- ✓ **Lifeguard Duties:** Learn how to perform all the duties of a lifeguard, working as part of a team to provide safe supervision of swimmers and prevent accidents. Know how to intervene and provide rescues and life-saving techniques when necessary.
- ✓ **Swimming Teaching Duties:** Learn how to perform all the duties of a swim teacher, develop water confidence, core aquatic skills, safety and technical skills across a range of participants of different abilities from non swimmer to advanced, as well as support with the promotion and awareness of swimming opportunities
- ✓ **Gym Instruction & Leading Group Activities:** How to perform the duties of a gym instructor, including the induction process, client consultations, health assessments and fitness training techniques. You will also understand basic coaching and motivational techniques to plan and lead group activity sessions.



Duration

Total 20 Months

17 Months in Learning

3 Months at EPA

(End Point Assessment)

EPA

Observation

Professional Discussion

Underpinned by a portfolio of evidence



Email us to get started
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