

# L4 Sport Coach (Community Sports Coaches)

Community Sports Coaches design and deliver coaching programmes that focus on sustainable engagement and enrichment of participants. They use targeted approaches to deliver sport and physical activity through community initiatives or clubs, considering the wider government agendas.

They apply a 'whole person/child' development approach and create targeted interventions to promote the accessibility of sessions for diverse participants. In setting the plans they will consider the community support systems and identify gaps in current provision.

## Key Development Areas

- ✓ **Develop Coaching Philosophy:** Continuously refine personal coaching philosophy and strategies through ongoing professional development and self-reflection.
- ✓ **Implement Evidence-Based Systems:** Create and maintain coaching systems that adhere to relevant legislation, sector standards, and best practices.
- ✓ **Collaborate for Effectiveness:** Work with support networks and internal teams to enhance the quality of coaching services provided to participants
- ✓ **Influence Best Practices:** Use current knowledge of the coaching environment and wider support mechanisms to advocate for and implement best practices within the coaching team.
- ✓ **Personalised Curriculum Development:** Employ profiling techniques to design a tailored learning and development curriculum that addresses the unique needs and goals of each participant.



## Duration

**Total 24 Months**

18 Months in Learning

6 Months at EPA

(End Point Assessment)

## EPA

**Coaching Session Plan and  
Practical Observation with Q&A  
Professional Discussion**

Underpinned by a portfolio of evidence

**Work Based Project and  
Presentation with Q&A**



Email us to get started  
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